

## ANNIVERSARIES

**Saturday, May 5<sup>th</sup> ~ Etna Saturday Noon** will celebrate its **40th Anniversary**. Food and fellowship at **11:15am with speaker at Noon speaker is Bob F. Please consider carpooling as parking is limited**, salads and desserts welcome.

**Monday, May 7<sup>th</sup> ~ Crafton Monday Night AFG** will celebrate our **45th Anniversary at 1<sup>st</sup> United Presbyterian Church, Crafton Hts, 50 Stratmore Ave.** Please join us for fellowship at **7pm** and our meeting at **7:30pm**. Finger foods and desserts welcome.

**Monday, May 7<sup>th</sup> ~ Monday Serenity Seekers AFG** will celebrate their **2nd Anniversary**. Food and fellowship at **6:15PM speaker at 7PM**, finger foods or desserts welcome. Please join us to celebrate this exciting anniversary!

**Monday, May 14<sup>th</sup> ~ Forest Hills AFG** will celebrate their **Anniversary**. Food and fellowship will begin at **7pm followed by Al-Anon and AA leads at 7:30pm**. Coffee and cake will be served. Come and enjoy this special occasion!

**May 16<sup>th</sup> ~ The New Stanton for Me Al-Anon Family Group** will be celebrating our **25th Anniversary**. Refreshments will be at **6:30** followed by a **speaker at 7:30**. Hope to see all of you there!

**May 21<sup>st</sup> ~ Monday Afternoon AFG in Action Group** will hold its **2<sup>nd</sup> Anniversary**, food and fellowship at **12 PM** AL Anon & AA speakers at **1 PM** salads, side dishes and desserts are appreciated. All are welcome.

**Thursday, May 24 ~ Latrobe Thursday Night** will celebrate their **40th Anniversary**, with food and fellowship at **6:30 p.m.** and speakers at **7:30 p.m.** Covered dishes welcome.

**June 3<sup>rd</sup> ~ Sunday Night Castle Shannon AFG** will celebrate our **32nd Anniversary**, food and fellowship at **7:00pm** and **speaker at 8:00pm**. Please join us as we gratefully celebrate!

**Tuesday, June 12 ~ Frick Park AFG** invites you to join in celebrating our **33rd Anniversary**, food at **6:30** followed by AA and Al-Anon speakers at **7:30**. Come for the food, stay for the fellowship!

## MEETING CHANGES

**The North Side Tuesday Night AFG WILL NOT meet on Tuesday, May 15 due to Election Day.**

**Six O'clock Saturday Serenity Group at Memorial Park Church is CANCELLED May 19, due to church function.**

**Memorial Day Closings (5/28):**

**Monaca Monday Night AFG (7:30 pm St. John the Baptist Pastoral Center)**

**The Penn Hills Monday Afternoon (1:00) AFG**

## ANNOUNCEMENTS

The Saturday Six O'clock Serenity Group at Memorial Park can use support.

The AIS Office will be closed Sunday, May 27, for the Memorial Day Weekend.

**ATTENTION: MAY 21<sup>ST</sup> is our ISR MEETING – 7:00pm-9:00pm (Saint Aloysius Church, Pgh, PA 15212**

\*Districts 26 & 27 are requested to arrive early (6:00 pm) to set up & stay after to help breakdown setup. Refreshments & Goodies always welcome!

Looking for a public outreach idea to help spread recovery? Go to our website [www.pghalanon.org](http://www.pghalanon.org) and print off a flyer with our # and web address. Post in public areas, as permitted! (Make sure to cut the # & web address tabs before posting)



## UPCOMING EVENTS

**The next informal workshop will be Saturday, May 19, discussing "Can We Balance Recovery with Daily Life?" See the enclosed flier for further details and the email address for RSVP's. Hope you can join us!**

**Rochester/Beaver AFG is holding a potluck fundraiser Tuesday, May 22. 7:00pm food & fellowship, 8:00pm lead. Side dishes welcome.**

**46th Annual PA AFG Convention will be held June 1st to 3rd, at Susquehanna University in Selinsgrove, PA. Online or Mail-in Registration – deadline May 18th. Flyer enclosed.**

## KEY SUBMISSION GUIDELINES:

### Announcements

1. Announcements pertaining to new, disbanded and permanent meeting time or location changes WILL NOT be placed in *The Key* unless they are properly processed using a WSO Al-Anon Registration- Group Change Form (GR-1). Group Changes require a **GR-1 Form signed by the District Representative**. The District Representative will forward the form to: AIS & STATE. AIS will forward the form to: KEY EDITOR, MEETING LIST CHAIR and SECRETARY. STATE will forward the form to: WSO.
2. *The KEY* will be mailed to the name on file at the local AIS Office. Any changes must be submitted to the AIS Office using the "**ISR Change Form**". This form can be mailed to the AIS Office or SCANNED & EMAILED to: [aisboardmembers@gmail.com](mailto:aisboardmembers@gmail.com) AIS will forward to KEY EDITOR and SECRETARY.
3. Announcements pertaining to Al-Ateen **must be accompanied by the Group ID**.
4. Submit items by the 10th of the month for the next month's issue of *The Key*.
5. Send written notice to:  
[pittkeyeditor@gmail.com](mailto:pittkeyeditor@gmail.com) or the AIS Office.

### Flyers:

E-mail a PDF of the flyer to [pittkeyeditor@gmail.com](mailto:pittkeyeditor@gmail.com). We will have them printed and folded for *The Key* mailing. **(Black & White Copies Only Please)**

**Cost:** \$13.50 for single sided flyers  
\$25 for double sided flyers

**Make checks payable to:** *AIS of Greater Pittsburgh Area, Inc.* to cover postage and/or printing costs. Include a copy of the flyer with your check.

**GR-1 Forms** are available from your District Representative, the AIS Office or [www.pa-al-anon.org](http://www.pa-al-anon.org) – under “resources” click on “forms and other documents”. **ISR CHANGE FORMS** are available from the AIS Office & can be sent via email. Contact [aisboardmembers@gmail.com](mailto:aisboardmembers@gmail.com)

### MEETING LISTS:

**\$7.00 per 25** ~ includes postage when mailed  
**\$4.00 per 25** ~ when picked up at ISR Meetings

**Make checks payable to:**

*AIS of Greater Pittsburgh Area, Inc.*

**Mail to:** *AIS Office, Attn: Meeting Lists*

*Looking for a meeting?* Go to [www.alanonpgh.org](http://www.alanonpgh.org) or [www.pa-al-anon.org](http://www.pa-al-anon.org) click "find a meeting"

*The Key* is available for printing at [www.alanonpgh.org](http://www.alanonpgh.org) website or [www.pa-al-anon.org](http://www.pa-al-anon.org) click on 'publications' under "Resources"

### LITERATURE DEPOT:

Support your local AIS Office by purchasing literature locally. Simply contact the AIS Office and request an order blank. **Checks Only - No Cash!**

#### AIS Office Hours

Sunday 12 PM – 3 PM

*The AIS office is handicap accessible.*

### ADDRESSES:

#### AIS of Greater Pittsburgh

3616 Mt Troy Rd Suite 2  
Pittsburgh, Pa 15212-1132

#### AIS Office Phone:

**Local Number:** 412-821-7750

**Toll-Free Number:** 1-800-628-8920

**Website:** [www.alanonpgh.org](http://www.alanonpgh.org)

#### World Service Office

1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5611

**Phone:** 757-563-1600 **Fax:** 757-563-1655

**E-mail:** [wso@al-anon.org](mailto:wso@al-anon.org)

**Website:** [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

#### PA Area Assembly State Treasurer

450 Conestoga Boulevard  
Lancaster, PA 17602

**PA Area Website:** [www.pa-al-anon.org](http://www.pa-al-anon.org)

Personal *The Key* Subscriptions - \$9 for 12 months.  
Keep informed and support your local Pittsburgh AIS.

New \_\_\_\_\_ Repeat \_\_\_\_\_ Amount Enclosed \_\_\_\_\_

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City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Date \_\_\_\_\_

Please print the information above, detach and mail with your check for \$9.00 payable to: AIS of Greater Pittsburgh Area, Inc.

# THE KEY

MAY 2018

Participation is the Key to Harmony



Al-Anon  
Family Groups

[www.alanonpgh.org](http://www.alanonpgh.org)

*Happiness is not something you postpone for the future; it is something you design for the present.*

*Jim Rohn*

**ATTENTION: MAY 21<sup>ST</sup> 7pm-9pm ISR MEETING**  
**\*Districts 26 & 27 are requested to arrive early (6:00 pm) to set up & stay after to help breakdown setup. Refreshments & Goodies always welcome!**

*\*Please send your literature orders in time to be picked up at the office before the May 21<sup>st</sup> ISR meeting. There is no postage charge if it's picked up. The office will open at 6:00 pm that day.*

*The AIS Office will be closed Sunday, May 27, for the Memorial Day Weekend.*